

Validation of Histology Tissue Processing and Stain Quality of Logos Rapid-Cycle Microwave Processor in Lean Continuous Flow Operations

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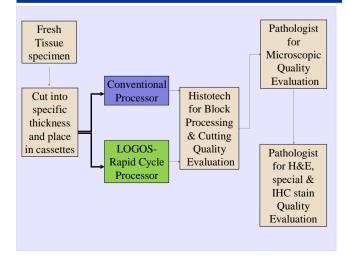
Background

Pathology report timeliness can be enhanced by technology that reduces time waste in histology. The largest delay is overnight fixation and prolonged processor times. These throughput bottlenecks can be targeted by integrating tissue processors capable of rapid-cycle times especially when aligned with continuous flow Lean work design.

Design

Design: Evaluation of a rapid-cycle microwave processor (Logos, Milestone Medical, Kalamazoo, MI) was performed at Henry Ford Hospital Histology Core Laboratory with aims to 1) integration of processor into continuous flow work process; 2) compare specimen quality in split samples processed by conventional overnight processors and the rapid-cycle instrument. We assessed technical quality of block processing, slide cutting and H+E staining by histotechnologists and quality of H+E, special and immunohistochemical stains by pathologists with a standard input form. 238 specimens were dissected fresh and split by 2 PAs. 3 part scheme with free text comments was used for histology assessment (High, Average, Low Quality) and pathologists' microscopic evaluation (Acceptable, Inferior, Unacceptable for Diagnosis). Analysis was stratified by tissue type and processed thickness.

Technical Comparison



Validation & Ouality Assessment Input Form Grosser's Evaluation: Case Number: Date: Tissue Type: Tissue Thickness: 1mm Histology Evaluation: Scale: High Quality = 1 Average Quality = 2 Low Quality = 3 Conventional Processor - Block processing & cutting Quality: LOGOS Processor -Block processing & cutting Quality:

Pathologist's Microscopic Evaluation for Diagnosis: ACCEPTABLE Quality:= 1 INFERIOR Quality: = 2 UNACCEPTABLE for DIAGNOSIS: = 3 Conventional H&E Stain Quality: LOGOS H&E Stain Quality Conventional Special Stain Quality: LOGOS Special Stain Quality: Conventional IHC Quality: LOGOS IHC Quality: Comments:

Results

Tissue Thickness Histology cutting Fresh tissue Processor Stain Microscopic specimens Gross Dissection quality quality quality conventiona H&E Excellent High Quality overnight 1_{mm} Quality, 49 Needle no difference SS LOGOS 1_{mm} No Bx Rapid Cycle IHC difference Average Quality conventiona with Logos & H&E Excellent 2_{mm} Conventional 28 Small **Ouality**. SS LOGOS 2 cases of higher 2_{mm} Bx No quality with Logos IHC difference **Higher Quality** conventiona H&E Excellent with Logos 3mm

(9 cases),

Less dry or brittle

(prostate, LN,

fibroid, placenta)

Quality,

No

difference

SS

IHC

Results

LOGOS

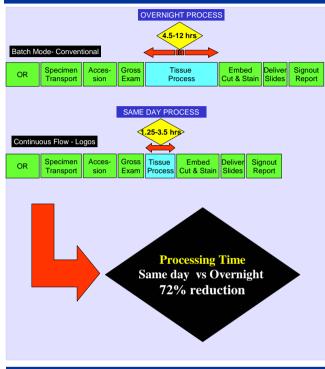
3_{mm}

161 Large

specimens

Results: In 238 tissues (fat, liver, placenta, ovary, colon, stomach, endometrium, cervix, ovary, uterus, prostate, testis, skin, thyroid, gallbladder, soft tissue, heart, POC, lymph node, salivary gland, thrombus, esophagus, lung, larynx), no significant quality differences were noted between rapidcycle and conventional processors in any parameter assessed in 49 needle biopsies (1mm), 28 small biopsies (2mm) and 161 large specimens (3mm). Technical cutting quality was at variance in a minority, better in 9 cases from the rapid-cycle processor with embedded tissue being less dry or brittle whereas only 3 of the conventionally processed tissues were noted of better cutting quality. Pathologists detected no difference between the 2 types of processed specimens in any H+E stain, 10 special stains and 30 immunostains. None were of inferior technical quality for diagnosis.

Processing Time Savings in Validation Study



Validated Special Stains & Immunostains

Iron, trichrome, reticulin, Grocott, calretenin, PAS, AFB, CK 5/6, 7, 19, CD10, 20, 34, 163, AE1/AE3, p63, H. pylori, TTF-1, CMV, HSV, Melan-A, S-100, Napsin-A, BCL 6

Conclusions

Conclusion: This study validates the technical, H+E and immunohistochemical stain quality obtained with a new rapidcycle microwave processor over a range of tissue types and processed thicknesses. The abbreviated cycle time including fixation (1.25-3 hours) facilitates the Lean approach to continuous flow processing with continuous slide production. Used in this fashion, the instrument facilitates potentially shorter report turnaround times compared to conventional overnight processing